



In this newsletter you will see a number of great things that Passport enables people to do. Passport is individualized funds provided through Ministry of Children's Community Social Services. Most of the people who receive these funds choose to have NHCIA manage them. This includes keeping track of spending, sending in receipts to Ministry, paying people and places for participation, purchasing items, organizing supports etc. People who get money can also choose to have their families or natural supports manage funds as well.

This program has seen continual adjusting throughout COVID19 with updated guidelines for the program and with some temporary eligible expenses.

The expansion of eligible items during COVID19 helped people and families get home based supports and supplies while community based options were closed. The funds could be used to purchase technology items and provided for personal protective equipment related to COVID19.

We have seen some amazing opportunities present themselves through the use of these individualized funds creating possibilities that were not previously available.

The newsletter will also highlight some of the "typical" supports the awesome NHCIA staff provides.



Sandra Phillips
Executive Director

Passport funding is meant to help adults 18 years or older, with a developmental disability. The funding helps them be involved in their communities and live as independently as possible by providing funding for community participation services and supports, activities of daily living, work and volunteering and person-directed planning. The program also provides funding for caregiver respite services and supports for primary caregivers of an adult with a developmental disability.

Through their Passport Funding, individuals and their families can purchase the services of an NHCIA staff through a Purchase of Service Agreement. The services purchased could include but are not limited to, respite, support with activities of daily living such as learning to cook or do laundry, attending community events or participating in community activities, learning about community resources or taking a course or class. All services and support build on the individual's strengths and take into consideration wants, needs and values. Passport funding can also be used to purchase the support of the agency to create of a person directed plan to give a voice to the individual's life goals. If you have questions about Passport Funding, please reach out to Bev Lloyd, Manager of Community Resources at 613-332-2090.

What Does Purchase of Service Look Like

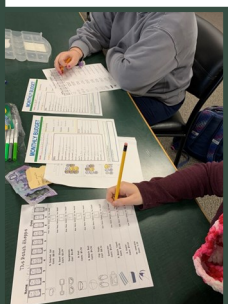
I have been supporting Kirsti and Courtney twice a week for the last couple of months. Both women have finished high school and are now being supported to enhance their daily living skills and getting out exploring the community. A plan was made with the women along with input from their families on what their days would look like. We made a list of things both women like to do and were able to incorporate life skills into our plan. For example, the women are learning about budgeting money and internet and street safety.

Baking is a popular activity and together they have made banana bread, pumpkin muffins and apple cinnamon oatmeal. Kirsti and Courtney work well together in the kitchen always telling stories and laughing while baking.

We have the occasional fitness through dance and both enjoy yoga which is a great way to get the mind and body moving. The women love to get out on sunny days and take my puppy Mylo for walks. We recently went to see the waterfalls at Egan Chutes. We are looking into going to the Sword to swim and making plans to go out to the grocery stores to apply our learning about budgeting money when shopping. Future goals include; how to pump gas, and doing laundry at the laundromat. Christmas is coming so we have put cookie decorating in the plans and they have signed up for Christmas painting crafts through Community Participation.

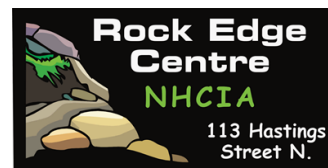
I look forward to seeing their accomplishments in the coming months.

Emily-Direct Support Professional

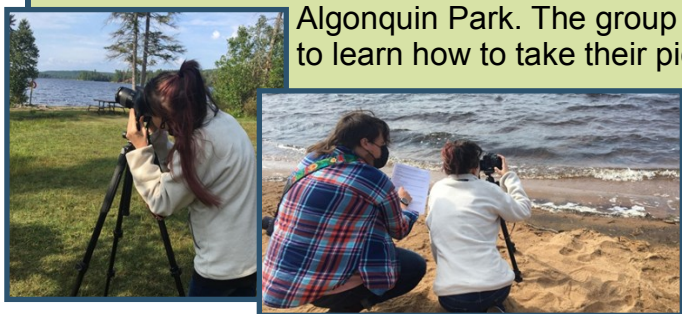


Child & Youth Update

Youth & Family Support



Smashing Goals... Sabrina used her passport funds to purchase a camera last winter. This fall she had the opportunity to take an in person outdoor photography workshop with Spark Adventure in Algonquin Park. The group gathered together in the Lake of Two Rivers picnic area to learn how to take their pictures from automatic to manual. After a morning of learning the group went on a hike to practice their new skills. Sabrina can now confidently take pictures with her new camera in a manual mode.



Weekend Respite Retreat... The Child & Youth team could not be more thrilled to be back at Cedar Ridge Camp with 15 children and youth for our Weekend Respite Retreat. From doing the polar bear dip in the morning, pillow fights in the lodge, conquering the high ropes course, hilarious songs and skits by the campfire with new and old friends...it really was a weekend to remember. We can't wait to get back out there in February for our Youth Leadership Camp.



Small Group Respite... Niki and Laurie were excited to support a small group of youth to attend the Sun Run Farm's 2nd annual Haunted Walk to raise funds for the local food bank.



Caregiver Support Group... In September our group enjoyed a Paint Night with Julies Virtual Paint Party. Three families attended, two in person and one family joined virtually.



Upcoming Events & Resources

Fall and winter activities supported through Child & Family & Youth in Transition Facilitators include supports to try activities like skating, visits to camp and farm visits. There will also be youth groups, small group visits to the Flashlight Candy Cane Hunt in Maynooth, Sensory Friendly visits with Santa and more. Caregiver Support Group is Monday November 22nd from 5:00 -6:30. Tanya Mahar will facilitate a meditation class at 2 Alice St (respite and dinner provided) you must pre-register. For more info. Contact Niki or Laurie at 613-332-2090

Show Your Support Become a Member

Membership..... By choosing to enroll in NHCIA's annual membership you are showing support to persons with developmental disabilities. Your generous contribution will assist NHCIA in achieving our mission of inspiring these individuals to live as fully participating citizens.

Name:
Address:
Postal Code:
Email Address:

Non Voting Memberships (as per our bylaws)

Self Advocate (\$5.00)
Single (\$5.00)
Family (\$15.00)
Business /Agency (\$25.00)

For more information on NHCIA go to our website www.nhcia.ca or Facebook www.facebook.com/nhcia

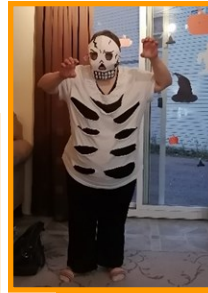
Halloween*Ladies Night Style:** Jennifer hosted a ladies Halloween dinner party and chose some fun games to play. The dinner consisted of some scary decorated food choices and some “monster mash music”.



Tossing the ring on the pumpkin.



Dropping the eye into the bucket.



Jennifer getting ready to shell out some candy



Big Game Players

Mike and Duncan agreed to assemble a patio table for a community person. They both enjoyed some hands on work.



How much fun is this....although the weather was chilly at Wollaston Beach the group of young women played a game of Giant Jenga and Yard-zee with oversize dice.



How nice it is to get together again with friends and enjoy activities that are organized by the “Community Participation” staff . The Design Room provides lots of space for people to gather safely.



A great afternoon at Mountain Creek Ranch. We had a chance to visit with some animals-goats, pigs, dogs, ponies, and some newborn kittens. After a lesson in the ring, we enjoyed a trail ride through the property. We had a chance to bond with the horses, practice our commands, and experience the beautiful scenery.

NHCIA Mission Statement

North Hastings Community Integration Association, through partnerships with community, inspires people with developmental disabilities and their families to live as fully participating citizens.

And The Parties Continue



Jen sporting a very pretty blue tongue...her favourite color.

CELEBRATING 50 YEARS!

This was a big year for Jen. She was beyond excited to celebrate her 50th Birthday twice! Her first party was a private celebration with closest friends and family, and another with a BBQ and drop in at Alice Street. Surrounded by family and friends Jen enjoyed her favorite BBQ treats as well as an amazing blueberry cake made special for her by Tracy at McG's Cakes on Main.



Smiles all around as Jen celebrates her day with family

56th AGM The Annual General Meeting was held virtually again this year. Board members, staff and a few community members joined in on the ZOOM call to celebrate the past years accomplishments.

The business portion of the meeting covered approval of last years minutes and follow up from auditors, Wilkinson & Company. NHCIA had a clean unqualified audit for 2020/2021 fiscal year.

Once the business portion is concluded NHCIA always takes a moment to celebrate staff anniversaries. This year included several staff celebrating their 5 year anniversary; Ellie Moore, Laura Freymond, Janine Beckett, Ashley Fitzgerald, and Marlena Zuber. Celebrating 10 years Sue Shaw and 15 years Debbie Olmstead.

Purple Heart Award... This award is given out at the AGM to someone who has stayed positive while overcoming some of life's challenges.



Teena Surma presented **Jennifer Embury** with the Purple Heart Medallion. Over the past year Jennifer has had to move to a new living space and start over with new staff supporting her with daily activities. Jennifer had been living with her host family. The family has kept in touch with Jennifer and they recently joined her to celebrate her 50th Birthday. If you are interested in being a host family please contact the agency.

Art Copfer Award...

Amanda Fichtner

was recognized this year for sharing her talents and interests with self-advocates and staff. Amanda also has a great work life balance and expresses gratitude. All of these qualities were demonstrated by Art Copfer during his time at NHCIA. Tom and Twila Copfer, Art's parents, donate money to the recipient each year in Art's memory.



Many self-advocates and staff participated in the collaborative process of designing and building the public Countdown Public Pebble Mosaic that is now embedded in Millenium Park by the bandstand. NHCIA is a proud partner of the project and many of us attended the beautiful and powerful unveiling ceremony on

September 24th. The Countdown Public Art Project is a province-wide initiative that creates outdoor monuments in public spaces to honour survivors of gender based violence and to imagine, or count down to, a world without gender-based violence.

Self Advocate Committee

HUGE Congratulations to Jesse Mercier, president of the NHCIA Self Advocate Committee. Jessie is the recipient of the **KIM SPARLING AWARD** for the outstanding efforts of someone who has shown strong advocacy work within their community by promoting inclusion and acceptance of all people, regardless of a person's abilities. Way to go Jesse!!

