



LAUNDRY

Some individuals have laundry facilities in their building allowing them to do their own laundry. This has pretty much stayed the same except for disinfecting the machines before and after using the facilities.

Those without laundry facilities in their homes had to come up with another alternative when the local laundromat closed. A new plan was soon implemented.

- * Individuals send their laundry along with their laundry soap etc. and staff bring it to the office or support the individual to bring it to the office.
- * Again only a couple of staff are doing laundry on certain days so that staff are not overlapping on the same day
- * Laundry is done and delivered back to the individuals home
- *** so far no funny stories about the laundry, everybody seems to be getting their own clothing back safely.

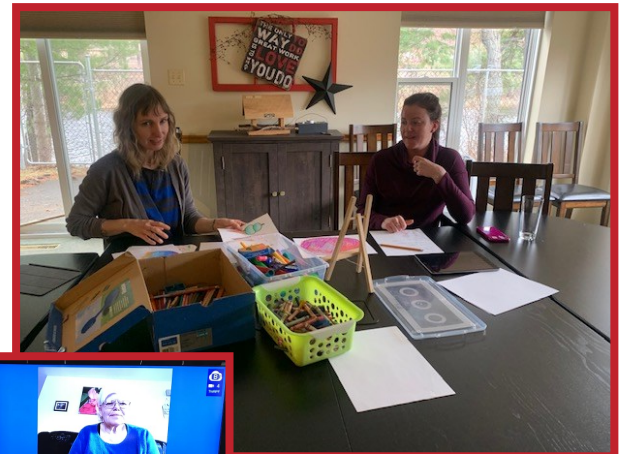
VIRTUAL HUB

Virtual Community Connecting has come to NHCIA. As of April 23/20 Sarah Farrow and Marlena Zuber, two staff in the Community Participation Program have been using the BlueJeans video conferencing app to connect with individuals supported by NHCIA.

Currently, two, 1-hour sessions per week are scheduled, one in the a.m. and another in the p.m. on either Wednesday or Thursday. The sessions last approximately 1 hour and 3 to 5 individuals participate in each session. The sessions have provided opportunities for sharing stories, meditation, relaxation, arts and crafts and simple cooking lessons.

Individuals are reporting that they really enjoy connecting with others in this way while self-isolating precautions are in place.

Thank you to United Way for donating 2 Tablets, as you can see from the photos they are being put to good use.



Above, Marlena and Sarah, are planning an art project to be demonstrated at the next VIRTUAL HUB. Below Sarah views individuals in their homes and they are able to visit and discuss some of the crafts they are doing at home to keep busy. This was a fun day as everyone sang Roxy "Happy Birthday".



Take Out Art



Once a week individuals would attend HUB which often included doing an art project. Marlena and Sarah started organizing art packages TO-GO when individuals said they were bored and needed something to do. The packages are made up with the individuals preference and ability in mind. Take out art was an absolute hit as seen in the photos.

Just a regular Sunday afternoon... painting, followed by blueberry water on a sunny balcony.



Karen showed her social distancing skills as she displays her art work.



Kayla celebrated Easter by creating Easter Art for friends and staff members.



Stephen was pretty into having HUB at home in his PJs.



Matt is also making art at home with Karen Weichenthal's help! These heart warming signs are a reminder that everyone needs to stay at home right now (if possible). Staying home saves lives.

Today Is A Good Day!

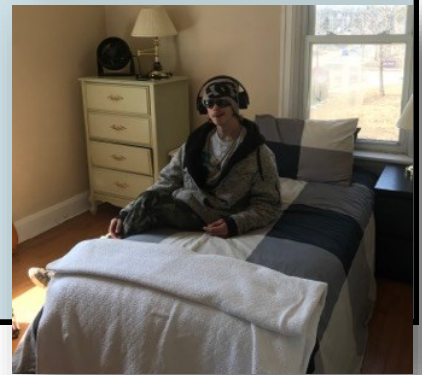
In mid January 2020 staff received an email from Niki Braybrook sharing the good news of a youth and his family that Niki's program helps support.

Today was such a beautiful day, sunshine and new beginnings.

Today myself and Jaine, head of Special Education from NHHS, were able to work together to get an apartment prepped and ready for a family I support to move in. This family has been homeless and on the emergency housing list for way too long. It was a challenge for me supporting them and feeling helpless with never ending calls to housing, OW and who ever would listen with no forward movement. Then last month an apartment became available and we advocated our butts off and voila!! Finally a place this wonderful family can call home. They are just thrilled.

They said I could share this good news with everyone. **Today is a good day!**

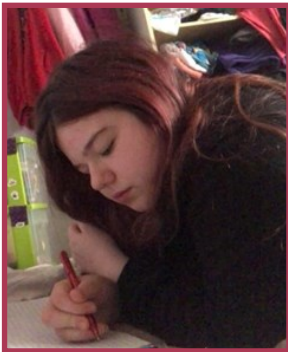
Many staff commented back to Niki with congratulations and stating that this is what makes our job worth doing when things finally line up and come together with such a great outcome.



Congratulations to Dixie and Robbie on their new born baby boy, Brian. Brian is now 4 months old



It's a Boy!



COVID-BLUES

The Youth of NHCIA have been stuck at home, but have stayed busy and positive. NHCIA has offered some art kits, coloring sheets and an online youth group. Here's some evidence that the youth here have been using their creativity and skills to beat the Covid Blues.



Treat Escape

After seeing individuals walking to the local stores to buy snacks and small items, as they are used to doing, the idea of the "Treat Escape" was created. Staff member, Karen Weichenthal, came up with the idea to deliver items to individual's homes. Social distancing is practiced and staff are able to chat with everyone to see how they are doing. "Treat Escape" takes place 3 times a week, and has been great for both staff and individuals to have a chance to socialize and say hi in person.

Staff are also enjoying buying snacks and seeing fellow co-workers... **Great Idea!**



Thank you to our local Dairy Queen for donating 2 dozen frozen treats, much appreciated!



Easier than online shopping

- * Shopping for snacks is done and loaded into vehicle
- * Individuals are called ahead of time and asked to come outside to shop
- * Staff place a table outside the vehicle for money can and items to be placed
- * Individuals view items displayed and tell staff what they would like to purchase
- * Items are placed on the table for individuals to pick up