



Celebrate Community Living Month with NHCIA

COVID19 and vaccines were certainly a focus this spring. April 8th we held a clinic for those supported, staff, family and caregivers. We had 83 people vaccinated that day. Some staff had received their first dose prior to that. Our second clinic held on June 29th had 73 vaccines administered. The paramedics were fantastic going to vehicles for those who could not come inside.

We are now providing many of the in person community supports that were substituted with virtual and delivered 'kits' over the past months. This is an exciting time as we look at what we will be changing and how we can be even more person centered in our service delivery. We are keeping some of the things that reduced barriers and created opportunities for connections through technology. Like everyone else people here at NHCIA remain cautious but are enjoying being out and about gathering with friends and family.

Sandra Phillips
Executive Director

SPIRIT OF INCLUSION AWARD



Jorja Layland is our first annual North Hastings **Spirit of Inclusion Award** winner as well as the Maynooth Public School winner. This award is given to students who demonstrate acceptance of others and actively includes others regardless of differences, increases personal value and belonging to others and helps to create a sense of community within the school.

Congratulations to the other local school winners including; Rowan Edgar from Bird's Creek Public School, Billy O'Hara from Coe Hill Public School, Mia Marshall from Hermon Public School, Kathleen Lake from York River Public School, Chase McDonald from Our Lady of Mercy Catholic School and Jeff Maxwell from North Hastings High School. We are thrilled to celebrate these incredible young leaders in our community who understand that we are better together! ▲



Garden Club.... 15

plants were donated to Community Trust and they asked our garden club to take on the planting and management of these plants, we now have 3 community garden beds. In our gardens we have tomatoes, cucumbers, cantaloupe, swiss chard, potatoes and beets. There is a small rivalry to see whose plants will grow the largest.

We also experimented with planting a tomato sideways in an attempt to have more rooting. We had read that the fuzzy sides on tomatoes will root if they are in contact with the soil.



Show Your Support Become a Member

Membership.....By choosing to enroll in NHCIA's annual membership you are showing support to persons with developmental disabilities. Your generous contribution will assist NHCIA in achieving our mission of inspiring these individuals to live as fully participating citizens.

Name:

Address:

Postal Code:

Email Address:

Non Voting Memberships (as per our bylaws)

Self Advocate (\$5.00)

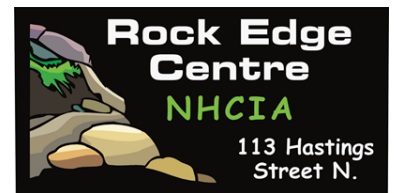
Single (\$5.00)

Family (\$15.00)

Business /Agency (\$25.00)

Child & Youth Update

Youth & Family Support



With restrictions easing up people are able to get out and see friends, experience new things and do some of their favorite summer activities.



Summer 2021

Stand up paddle boarding was a huge hit. Deep Roots supplied the boards and gave some instructions on how to navigate the boards on the water at Paudash Beach.



Nice to finally get outdoors and participate in a game of floor hockey at the rink in Birds Creek.



Cody and Carter enjoyed a day on Baptiste Lake with Michael from MAD Fishing

Fun Fair

Shelley King, founder of Artful Connections" held a workshop virtually to create hand puppets. The participants gathered at the "Design Room" and Shelley facilitated through ZOOM.



April Cooney organized a "Fun Fair" event to celebrate the end of year for on line school. This was a chance to meet with families in person.

Each family was given a time slot to come and enjoy outdoor water games and enjoy some popcorn and other light treats.

Oh What a Birthday

CELEBRATING 70 YEARS!

Mike Seguin's adventure started June 25, 1951!

Mike was born the same year as Kurt Russell, Robin Williams, and the year the Toronto Maple Leafs won the Stanley cup. In 1951 you could go to the theatre and watch Alice in Wonderland for 0.53cents.

Mike moved to Bancroft June 24, 1999 and has lived in Bancroft ever since.

Mike enjoys relaxing with his daily Tim Hortons coffee and sitting where he can enjoy the traffic going by.

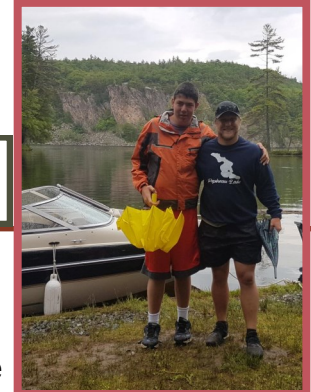
Some of Mike's favourite past times/hobbies are tinkering with things, eating out, going for ice cream, shopping, swimming, and enjoying a beer.



We were inspired by the **Countdown Pebble Mosaic Project**, to do our own small-scale mosaics. This was our first outdoor HUB workshop! We used grout on wooden discs and colourful pebbles, glass and shells to decorate the mosaic steppingstones. On August 12th we will be participating in the Countdown Project build in Millenium Park. We are very excited to contribute to the creation of this permanent monument in our community.

Summer Hires

Cody with Carter enjoying lake life.



"My name is Cody and I have been working with the North Hastings Community Integration Association since the start of this summer. I love the great outdoors, staying active, and above all, helping others. Outside of NHCIA, I am a teacher during the school year. I am also involved in coaching various sports and have worked with camps and community programs for years.

My time with NHCIA thus far has been highlighted by seeing so many smiling faces day in and day out, as well as having the opportunity to make a difference in the wonderful Bancroft community. I have been working with children and adults and sharing with them the experience of hiking, swimming, various sports and activities and going to see animals at local farms.

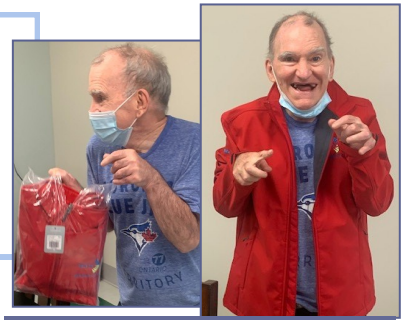


Emily and Jennifer out for a walk

Hello, My name is Emily. I am a summer student here at NHCIA. I have recently graduated from the Social Service Worker program at Fleming college. I have always had a passion for helping and supporting others, which is what lead me to this field. I am so lucky to have the opportunity to gain experience supporting individuals at NHCIA, and I am enjoying every day here. I am learning a lot about each individuals routines and hope to continue to support the self advocates at NHCIA. I have met a lot of great people during my time here, who are showing me the ropes. I am looking forward to the rest of my time here at NHCIA!

Self Advocate Committee

Our red jackets are so popular! Almost all our self-advocates now own one. Everyone has their name stitched on the shoulder. This was a Self-Advocate Committee project which they fundraised for. Many thanks to the NHCIA Board, who also contributed to the payment of the jackets and two of our board members will also be seen wearing our new jackets.



Mike was happy to unwrap his jacket and try it on.

Friendships



Cec Andrus finally got to connect with Eugene Prince once again. Cec and Eugene always enjoyed going to O Hara Mills for special events and this summer they were able to resume this tradition and their friendship.

Get Outta Town



Pam Keller and Rob Smith had the opportunity to enjoy an overnight stay in Kingston. They enjoyed going on the Thousand Island dinner cruise with Ruth and Michael West. Rob and Pam both loved the experience of having breakfast in their room.



Jenna and Shania enjoyed a paddle down the York River.



Outdoors



Some activities such as making a "Strawberry-Carrot" smoothie are still being done via ZOOM. The packages containing all ingredients needed are sent out ahead of time.



Summer Jobs

Lucas Mann has been doing a great job keeping our outdoor space clean of garbage and the lawns cut and trimmed .



Trevor doing what he loves to do.....fishing!

Jeff and Cody went for a float at L'Amable Dam. After a long year of not seeing many people, these two were very happy to be in each others company.



NHCIA Mission Statement

North Hastings Community Integration Association, through partnerships with community, inspires people with developmental disabilities and their families to live as fully participating citizens.